



## PREMIUM ELECTROLYTE SUPPLEMENT

# HydraBoost®

HydraBoost® is a premium quality, highly palatable electrolyte supplement developed for the high-performance equine athlete. Electrolytes are substances which maintain the proper fluid balance within your horse's body and play a vital role in muscle and nerve activity. Sodium, chloride, potassium, and magnesium are the crucial components in HydraBoost. Sweating is a common way in which a horse can lose electrolytes. The effects of electrolyte loss are dehydration, muscle stiffness, lethargy and colic-like symptoms.

Electrolytes should be administered to a horse before, during, or after heavy sweating occurs. Horses in hard work will need regular supplementation with electrolytes to ensure adequate water intake so they maintain a healthy fluid balance. Horses that consume a correctly formulated electrolyte supplement generally recover from exercise sooner, begin eating in a shorter time after exertion, and therefore are physically prepared for training or competition more rapidly.

In order to properly feed HydraBoost it is important to be able to properly estimate the amount of sweat loss suffered by the horse. The amount of sweat loss will depend on a number of factors such as duration and intensity of exercise, temperature and humidity. In general, horses exercising at low intensity (7-11 miles/hr) will lose between 1 1/2 gallons to 3 gallons of sweat per hour. During higher intensity exercise (19-22 miles/hr), sweat loss levels reach as high as 4 gallons per hour.

- ENSURES HEALTHY FLUID BALANCE
- HELPS HORSES RECOVER FROM STRENuous EXERCISE
- FOR HORSES IN LIGHT TO HEAVY WORK LEVELS



### DOSSES

- 1 OUNCE/DAY FOR HORSES IN LIGHT WORK
- 2 OUNCES/DAY FOR HORSES IN COMPETITION
- 3 OUNCES/DAY FOR HORSES IN HEAVY OR INTENSE WORK

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